

# First Aid and Medicine Policy

Board Approval December 2017

**Reviewed Annually** 



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### 1. REVIEW PROCEDURES

The First Aid and Medicines Policy for Fowey River Academy is to be reviewed annually by the Principal.

The next review of the Policy Document will be: October 2019.

### 2. AMENDMENTS

The Policy Document has been amended in light of updated guidance on supporting pupils with medical conditions, drafted by the Department of Education for maintained schools and proprietors of academies in England. It is the responsibility of the Principal to ensure that the complete amendment is incorporated into all copies of the document and recorded accordingly on the Amendment Sheet. Copies of pages made redundant by the amendment are to be disposed of immediately and not to be retained for any reason.

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No		Name	Signature	Date
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### 3. DISTRIBUTION OF COPIES

Master Copy Principal

Copy One All First Aiders

Copy Two All staff

The Policy Document will be accessible to parents, Firefly via the website.

#### 4. STATEMENT OF INTENT

The Drive Team and Principal of Fowey River Academy believes that ensuring the health and welfare of staff, pupils and visitors is essential to the success of the school.

We are committed to:

- Providing adequate provision for first aid for pupils, staff and visitors.
- Ensuring that pupils with medical needs are fully supported at school.

Procedures for administering medicines and providing first aid are in place and are reviewed regularly.

We will ensure all staff are aware of this policy and that sufficient trained staff are available to implement the policy and deliver against all individual healthcare plans, including in contingency and emergency situations.

We will also make sure that the School is appropriately insured and that staff are aware that they are insured to support pupils in this way.

In the event of illness, a staff member will accompany the pupil to the relevant year office or call for MOSOC. In order to manage their medical condition effectively, the School will not prevent pupils from eating, drinking or taking breaks whenever they need to.

The school also has a Control of Infections Policy which may also be relevant and staff should be aware of.

Name:	-
Signature:	_ (Principal)
Date:	_

### 5. ARRANGEMENTS

#### The Nurse/ Healthcare Professional

The academy will work with suitably qualified healthcare professionals; as necessary and has the lead role in ensuring that pupils with medical conditions are identified and properly supported in the academy; including supporting staff on implementing a pupil's Healthcare Plan. The healthcare professional will work with the Principal to determine the training needs of school staff. Suitable cover will be provided in the absence of the nurse/healthcare professional.

#### The First Aid Team

The members of staffin the school who trained in First Aid are:

Mrs L McHardy

Mrs K Evely

Mr J Payne

Mrs K Lefley

Mrs D Ball

Mrs B Higgins

Mrs K Pedley

Mrs D Bateman

Mrs J Walmsley

#### **Trained Staff**

The members of staffin the school who are able to administer medicines are:

- Mrs L McHardy
- Mrs K Lefley

#### **First Aid Boxes**

The first aid posts are located in:

Heads of school office

Compass

Sports Hub

Top Corridor

CollegeReception

#### Medication

Only pupils' specific, risk assessed substances are medicines administered in the academy. Our routine policy is for medicines not to be present on site and will work with parents to avoid the need for medicine to be taken during school hours.

#### First Aid

In the case of a pupil accident, the procedures are as follows:

- The member of staff on duty calls for a first aider; or if the child can walk, takes him/her to a first aid post and calls for a first aider.
- The first aider administers first aid and records details in our treatment book.
- If the child has had a bump on the head, they must be given a "bump on the head" note.
- Full details of the accident are recorded in our accident book

- If the child has to be taken to hospital or the injury is `work' related, then the accident is reported
  via Injury forms and the incident/accident/near miss form. The accident is then reported to the
  Principal.
- If the incident is reportable under RIDDOR (Reporting of Injuries, Diseases & Dangerous Occurrences Regulations 2013), then as the Principal.

School Insurance Arrangements		

#### School Visits

In the case of a **residential visit**, the residential first aider will administer First Aid. Reports will be completed in accordance with procedures at the Residential Centre. In the case of **day visits** a trained First Aider will carry a travel kit in case of need.

#### **Administering Medicines in School**

**Prescribed medicines** may be administered in school (by a staff member appropriately trained by a healthcare professional) only where it is deemed essential. Most prescribed medicines can be taken outside of normal school hours. Wherever possible, the pupil will administer their own medicine, under the supervision of a member of staff. In cases where this is not possible, the staff member will administer the medicine.

If a child refuses to take their medication, staff will accept their decision and inform the parents accordingly.

In all cases, written parental permission outlining the type of medicine, dosage and the time the medicine needs to be given. Evaluation of need will then be undertaken and only with the Principal's permission will it be agreed that medicine will be allowed on site.

Staff will ensure that records are kept of any medication given.

Non-prescribed medicines may not be taken in school, this includes over the counter medicine.

#### Storage/Disposal of Medicines

Wherever agreed, children will be allowed to carry their own medicines/relevant devices or will be able to access their medicines in the School office for self-medication, quickly and easily. Pupils' medicine will not be locked away out of the pupil's access; this is especially important on school trips. It is the responsibility of the School to return medicines that are no longer required, to the parent for safe disposal.

Asthma inhalers will be held by the school for emergency use, as per the Department of Health's protocol.

#### Accidents/Illnesses requiring Hospital Treatment

If a child has an incident, which requires urgent or non-urgent hospital treatment, the school will be responsible for calling an ambulance in order for the child to receive treatment. When an ambulance has

been arranged, a staff member will stay with the pupil until the parent arrives, or accompany a child taken to hospital by ambulance if required.

Parents will then be informed and arrangements made regarding where they should meet their child. It is vital therefore, that parents provide the school with up-to-date contact names and telephone numbers.

#### Pupils with Special Medical Needs - Individual Healthcare Plans

Some pupils have medical conditions that, if not properly managed, could limit their access to education.

These children may be:

- Epileptic
- Asthmatic
- Have severe allergies, which may result in anaphylactic shock
- Diabetic

Such pupils are regarded as having medical needs. Most children with medical needs are able to attend school regularly and, with support from the school, can take part in most school activities, unless evidence from a clinician/GP states that this is not possible.

The academy will consider what reasonable adjustments they might make to enable children with medical needs to participate fully and safely on school visits. A risk assessment will be used to take account of any steps needed to ensure that pupils with medical conditions are included.

The academy will not send pupils with medical needs home frequently or create unnecessary barriers to pupils participating in any aspect of school life.

However, school staff may need to take extra care in supervising some activities to make sure that these pupils, and others, are not put at risk.

An individual health care plan can help schools to identify the necessary safety measures to support pupils with medical needs and ensure that they are not put at risk. The School appreciates that pupils with the same medical condition do not necessarily require the same treatment.

Parents/guardians have prime responsibility for their child's health and should provide school's with information about their child's medical condition. Parents, and the pupil if they are mature enough, should give details in conjunction with their child's GP and Paediatrician.

Procedure that will be followed when the School is first notified of a pupil's medical condition

All relevant parties will be notified and SIMs to be updated.

This will be in place in time for the start of the relevant school term for a new pupil starting at the School or no longer than two weeks after a new diagnosis or in the case of a new pupil moving to the School mid-term.

# **Appendices**

# Appendix 1 – Forms

Form 1:	Contacting Emergency Services
Form 2:	Health Care Plan
Form 3:	Parental agreement for school to administer medicine
Form 4:	Record of regular medicine administered to an individual child
Form 5:	Indication for administration of medication during epileptic seizures
Form 5A:	Epileptic seizure chart
Form 6A:	Emergency instruction for an allergic reaction - EpiPen®
Form 6B:	Emergency Instructions for an allergic reaction - Anapen®
Form 7:	Medication given in school (note to parent/carer)
Form 8:	Record of staff training

# Form 1 – Contacting Emergency Services

	uest for an Ambulance
Dia	l 999, ask for ambulance and be ready with the following information:
1.	Your telephone number:
2.	Give your location as follows (Kelston Road, Bath, BA1 9AB)
3.	State that the postcode is:
4.	Give exact location in the school (brief description)
5.	Give your name:
6.	Give name of child and a brief description of child's symptoms
7.	Inform Ambulance Control of the best entrance and state that the crew will be met and take to the casualty
Spe	ak clearly and slowly and be ready to repeat information if asked
	a completed copy of this form by the telephone

# Form 2 – Healthcare Plan

School	
Pupil Name & Address	
Date of Birth	
Class	
Medical Diagnosis	
Triggers	
Who Needs To Know About Pupils Condition & What constitutes and Emergency	
Action to Be Taken in Emergency and by whom	
Follow Up Care	
Family Contacts	
Names	
Telephone Numbers	
Clinic/Hospital Contacts	
Name	
Number	
GP	
Name	
Number	
Description of medical needs and signs and symptoms	
Daily Care Requirements	
Who is Responsible for Daily Care	
Transport Arrangements	
If the pupil has life-threatening condition, specific transport healthcare plans will be carried on vehicles	

hool Trip Support/Activities	
utside School Hours	
.g. risk assessments, who is sponsible in an emergency)	
orm Distributed To	
	1
Date _	
Review date	
This will be reviewed at least	annually or earlier if the child's needs change
<del>-</del>	nade in relation to the child travelling to and from School. If the pupil has becific transport healthcare plans will be carried on vehicles
·	

# Form 3 – Parental agreement for Fowey River Academy to administer medicine

### (One form to be completed for each medicine)

The school will not give your child medicine unless you complete and sign this form.	
Name of child	
Date of Birth	
Medical condition or illness	
Medicine: To be in original container with label as dispensed by pharmacy	
Name/type and strength of medicine	
(as described on the container)	
Date commenced/	
Dosage and method	
Time to be given	
Special precautions	
Are there any side effects that the	
School should know about?	
Self-administration Yes/No (delete as appropriate)	
Procedures to take in an emergency	
Parent/Carer Contact Details:	
Name	
Daytime telephone no.	
Relations hip to child	
Address	

I understand that I must deliver the medicine safely to school office

The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to appropriately trained school staff administering medicine in accordance with the school policy. I will inform the school immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.

Parent's signature	
Print Name	
•	
Date	

# Form 4 – Record of regular medicine administered to an individual child

Name of school	
Name of child	
Date of medicine provided by parent	
Group/class/form	
Name and strength of medicine	
Quantity returned home and date	
Dose and time medicine to be given	
Staff signature	
Signature of parent	

# Form 4 (continued)

Date	/	 
Time given		 
Dos e given		 
Name of member of staff		 
Staff initials		 
Observations/comments		 
Date		 
Time given		 
Dos e given		 
Name of member of staff		 
Staff initials		 
Observations/comments		 
Date		 
Date Time given		 
Time given		 
Time given  Dose given		 
Time given  Dose given  Name of member of staff		
Time given  Dose given  Name of member of staff  Staff initials		
Time given  Dose given  Name of member of staff  Staff initials		
Time given  Dose given  Name of member of staff  Staff initials  Observations/comments		
Time given  Dose given  Name of member of staff  Staff initials  Observations/comments  Date		
Time given  Dose given  Name of member of staff  Staff initials  Observations/comments  Date  Time given		
Time given  Dose given  Name of member of staff  Staff initials  Observations/comments  Date  Time given  Dose given		
Time given  Dose given  Name of member of staff  Staff initials  Observations/comments  Date  Time given  Dose given  Name of member of staff		

# Form 4 (continued)

Name of child			
Name and strength of medic	cine		
Dose and time medicine to	be given		
Date			
Time given			
Dos e given			
Name of member of staff			
Staff initials			
Observations/comments			
Date		/	
Time given			
Dos e given			
Name of member of staff			
Staff initials			
Observations/comments			
Date			
Time given			
Dos e given			
Name of member of staff			
Staff initials			
Observations/comments			
· · · · · · · · · · · · · · · · · · ·		·	

# Form 5 – Indication for administration of medication during seizures

Name	_D.O.B
Initial medication prescribed:	
Route to be given:	
Usual presentation of seizures:	
When to give medication:	
Usual recovery from seizure:	
Action to be taken if initial dose not effective:	

This criterion is agreed with parent's consent. Only staff trained to administer seizure medication will perform this procedure. All seizures requiring treatment in school will be recorded. These criteria will be reviewed annually unless a change of recommendations is instructed sooner.

This information will not be locked away to ensure quick and easy access should it be required.

# Form 6 – Seizure Medication Chart

N	lame:			
Date	Time	Given by	Observation/evaluation of care	Signed/date/time
			i	

# Form 6A – Emergency Instructions for an allergic reaction EpiPen®

Child's Name:	
DOB:	
Allergic to:	
ASSESS THE SITUATION	
Send someone to get the emergency kit	, which is kept in:
IT IS IMPORTANT TO REALISE THAT THE STAGES DESCRIBED IN RAPIDLY AS A REACTION DEVELOPMENT OF THE PROPERTY OF T	
Generalised itching	Give
Mild swelling of lips or face	(Antihistamine) immediately
Feeling unwell/Nausea	Monitor child until you are happy
<ul> <li>Vomiting</li> </ul>	he/she has returned to normal.
	If symptoms worsen see –  SEVERE REACTION
	SEVERE REACTION

### **SEVERE REACTION**

- Difficulty breathing/choking/coughing
- Severe swelling of lips/eyes/face
- Pale/floppy
- Collapsed/unconscious



### **ACTIONS**

1.	Get	_EpiPen® out and send someone to telephone 999
	and tell the operator that the child is having	an

#### 'ANAPHYLACTIC REACTION'

- 2. Sit or lay child on floor.
- 3. Take EpiPen® and remove grey safety cap.
- 4. Hold EpiPen® approximately 10cm away from outer thigh.
- 5. Swing and jab black tip of EpiPen® firmly into outer thigh. MAKE SURE A CLICK IS HEARD AND HOLD IN PLACE FOR 10 SECONDS.
- 6. Remain with the child until ambulance arrives.
- 7. Place used EpiPen® into container without touching the needle.
- 8. Contact parent/carer as overleaf.

# Form 9A – Emergency Contact Numbers

Fa	ther:			
Ot	her:			
Sig	gned Head	teacher:	Print Name:	
Sig	gned parer	nt/guardian:	Print Name:	
Re	lationship	to child:	Date agreed:	
Signed Pediatrician/GP:		trician/GP:	Print Name:	
Ca	re Plan wr	itten by:	Print Name:	
Designation:				
Da	te of revie	ew:		
	Time	Given by (print name)	Observation/evaluation of care	Signed/date/time

# Form 6B - Emergency Instructions for an allergic reaction ANAPEN®

Allergic to:	
ASSESS THE S	
Send someone to get the eme	gency kit, which is kept in:
Γ IS IMPORTANT TO REALISE THAT THE STAGES DESCRIBE AS A REACTION	
IILD REACTION	ACTION
Generaliseditching	• Give
Mild swelling of lips or face	• (Antihistiamine) immediately
Feeling unwell/Nausea	Monitor child until you are
Vomiting	happy he/she has returned to normal.
	If symptoms worsen see –
EVERE REACTION	SEVERE REACTION
Difficulty breathing/choking/coughing	
Severe swelling of lips/eyes/face	
Severe swelling of lips/eyes/face Pale/floppy	
Pale/floppy	

- 2. Sit or lay child on floor.
- 3. Get ANAPEN® and remove black needle cap.
- 4. Remove black safety cap from firing button.
- 5. Hold ANAPEN® against outer thigh and press red firing button.
- 6. Hold ANAPEN® in position for 10 seconds.
- 7. Remain with the child until ambulance arrives. Accompany child to hospital in ambulance.
- 8. Place used ANAPEN® into container without touching the needle.
- 9. Contact parent/carer as overleaf.

# Form 7 – Medication given in School (note to parent/carer)

Name of school	
Name of child	
Group/class/form	
Medicine given	
Date and time given	
Reason	
neasuri	
Signed by	
Print Name	
Designation	

# Form 8 – Staff Training Record (Administration of Medicines)

	ACADEMY				
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Name	Job Title	Training	Date Undertaken	Date Refresher Required	Date Refresher Undertaken

## **Useful Contacts**

#### Allergy UK

Allergy Help Line: (01322) 619864

Website: www.allergyfoundation.com

#### The Anaphylaxis Campaign

Helpline: (01252) 542029

Website: www.anaphylaxis.org.uk and www.allergyinschools.co.uk

#### Association for Spina Bifida and Hydrocephalus

Tel: (01733) 555988 (9am to 5pm)

Website: www.asbah.org

#### Asthma UK (formerly the National Asthma Campaign)

Adviceline: 08457 01 02 03 (Mon-Fri 9am to 5pm)

Website: www.asthma.org.uk

#### Council for Disabled Children

Tel: (020) 7843 1900

Website: www.ncb.org.uk/cdc

### **Contact a Family**

Helpline: 0808 808 3555

Website: www.cafamily.org.uk

#### **Cystic Fibrosis Trust**

Tel: (020) 8464 7211 (Out of hours: (020) 8464 0623)

Website: www.cftrust.org.uk

#### **Diabetes UK**

Careline: 0845 1202960 (Weekdays 9am to 5pm)

Website: www.diabetes.org.uk

### **Department for Education and Skills**

Tel: 0870 000 2288

Website: www.dfes.gov.uk

### **Department of Health**

Tel: (020) 7210 4850

Website: www.dh.gov.uk

### **Disability Rights Commission (DRC)**

DRC helpline: 08457 622633

Textphone: 08457 622 644

Fax: 08457 778878

Website: www.drc-gb.org

### **Epilepsy Action**

Freephone Helpline: 0808 800 5050 (Monday – Thursday 9am to 4.30pm, Friday 9am to 4pm)

Website: www.epilepsy.org.uk

### Health and Safety Executive (HSE)

HSE Infoline: 08701 545500 (Mon-Fri 8am-6pm)

Website: www.hse.gov.uk

#### **Health Education Trust**

Tel: (01789) 773915

Website: www.healthedtrust.com

### Hyperactive Children's Support Group

Tel: (01243) 551313

Website: www.hacsg.org.uk

#### **MENCAP**

Telephone: (020) 7454 0454

Website: www.mencap.org.uk

### **National Eczema Society**

Helpline: 0870 241 3604 (Mon-Fri 8am to 8pm)

Website: www.eczema.org

### National Society for Epilepsy

Helpline: (01494) 601400 (Mon-Fri 10am to 4pm)

Website: www.epilepsynse.org.uk

#### **Psoriasis Association**

Tel: 0845 676 0076 (Mon-Thurs 9.15am to 4.45pm Fri 9.15am to 16.15pm)

Website: www.psoriasis-association.org.uk/



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