

# Fowey River Academy

2019

# MIX

Programme



# What is the MixX Project at Fowey River Academy?



**The MixX Project is the alternative sessions that students can access outside of the curriculum. These happen before school, at lunchtime and after school.**

This booklet highlights all of The MixX Project sessions available to students this Autumn Semester. The majority of The MixX Project sessions operate on a 'just turn up' basis, however some clubs require prior booking so please see the teacher in charge, or email them to check. There really is something for everyone and the expectation is that all students will participate in some of these opportunities. Students will obtain points for attending clubs. These activities will also contribute to the Half Colours and

Full Colours awards and can be carried forward through the year.

The activities in this booklet have been colour coded so you know where you can gain hours towards your full or half colours, which sessions are there to support your learning and which allow you to develop your social and cultural skills.

**To gain your Half or Full Colours Awards, you will be asked to give a short account of the activities you attended, so it would be useful to keep a log of the things you do and learn this Semester to help with your portfolio of evidence.**

The following highlights are used –

Action

Creativity

Service

Social

Study Support

MONDAY						
Staff	Club		Yr Group	Location	Lunchtime/ After School	Information
Mr Horton	Front Court Sports		Years 9-10	Sports Hub	LT	Rent sports equipment to use during lunchtime and be active with your peers
Miss Martin	Fitness		All Years	Fitness Suite	LT	A chance to let off some steam, use the equipment and get your physical activity log for the week
Mrs Smith	Parkour		All	Gymnasium	LT	Develop gymnastics and free running skills across a range of equipment and variety of challenge
Miss Lucas	Spanish		All Years	L1	LT	¡Bienvenido al club de español! Learn some lingo, taste some tapas and experience some Spanish culture!
Miss Bennet	Italian		All Years	L3	LT	Learn Italian from scratch! No previous knowledge required – come along and become bilingual!
Mr Burke	Programming Club		7-8	ITL	LT	Learn basic programming and loops
Mrs Moorcroft and Miss Stanton	Arts Extra		All Years	A1	AS	It is an opportunity to improve your art coursework, add to your own personal art portfolio, learn new creative skills and push your creative ability even further
Mr White	Volleyball		All Years	Sports Hall	AS	This session is for students that wish to develop their volleyball skills and have the chance to represent the school
MrDoyle	Bronze DofE		9	ITC	AS	Students who have registered for DofE Bronze will use this time to plan expeditions, their activities and their volunteering or be trained ready to take part in DofE expeditions



TUESDAY						
Staff	Club		Yr Group	Location	Lunchtime/ After School	
Miss Bennet	Latin		All Years	L3	LT	Learn about Roman history and try your hand at Latin. Beginners welcome
Mr Williams	Origami		Years 7 & 8	M6	LT	This club is for beginners ad developers, to learn the art of origami – paper folding, to include jumping frogs, water bombs and culminating in a paper airplane competition
Paul Smith	Indoor Rowing and Cardiovascular Fitness		All Years	Fitness Suite	LT	A chance to let off some steam, use the equipment and get your physical activity log for the week
Mr White	Cricket & Basketball		Years 7-9	Sports Hall	LT	Cricket and Basketball games in the sports hall
Mr Horton	Front Court Sports		Years 9-10	Sports Hub	LT	Rent sports equipment to use during lunchtime and be active with your peers
Miss Gifford	German Club		All Years	H1	LT	A club to learn about what’s going on in German speaking countries, enjoy food, films and fun quizzes about German language, history and culture
Miss Ye	D.S. Club		All Years	M1	LT	We provide the D.S.’s, you take the challenge

WEDNESDAY						
Staff	Club		Yr Group	Location	Lunchtime/ After School	
Mr Walmsley	IT Club		All Years	ITL	LT	Join us for support with your homework and other IT related tasks
Mrs Moorcroft	KS3 Art Extra		Years 7-9	A1	LT	It is an opportunity to improve your art coursework, add to your own personal art portfolio, learn new creative skills and push your creative ability even further
Mrs Smith	Fitness		All Years	Fitness Suite	LT	A chance to let off some steam, use the equipment and get your physical activity log for the week
Mr Horton	Front Court Sports		Years 9-10	Sports Hub	LT	Rent sports equipment to use during lunchtime and be active with your peers
Mr White	Basketball		Years 7,8,9	Sports Hall	LT	Build your basketball skills and represent the school in local fixtures.
Mr Walmsley	IT Catch-up for Creative I-Media		Year 11	ITL	AS	Coursework catchup session for all year 11 students on the creative I-Media course
Mrs Osborne	Triple Science Revision		Year 11	S3	AS	Crammer revision sessions to build knowledge, understand and confidence
Miss Lucas	Study Support - Spanish		Years 10/11	L3	AS	Study support and an opportunity to see staff for Spanish revision and help
Miss Renfree	History Homework Help		Year 10	H4	AS	Help and support with History work
Mr Doyle	3d Design GCSE Extra		Year 10	T4	AS	A chance to get focused support for your GCSE 3D design
Miss Stanton	KS4 Art Extra		Years 10/11	A1	AS	It is an opportunity to improve your art coursework, add to your own personal art portfolio, learn new creative skills and push your creative ability even further
Miss Dickson and Mrs Smith	Netball		All Years	Sports Hall	AS	This session is for students who wish to develop their skills and have the chance to represent the school
Mr Waters, Mr Williams & Mr						This session is for students who wish to develop their skills and

THURSDAY						
Staff	Club		Yr Group	Location	Lunchtime/ After School	
Mrs White	Fitness		All Years	Fitness Suite	LT	A chance to let off some steam, use the equipment and get your physical activity log for the week
Miss Livesy	Girls Football		All Years	Sports Hall	LT	Come for a kick-around – develop some skills, have some fun, lets build a team to represent the school in Girls only fixtures!
Mrs Smith	OCR Coursework Support		Year 11	H2	LT	Study support and an opportunity to see staff for OCR catch up
Mrs Miller	Higher Maths		Year 11	M1	LT	A chance to get support with Higher Math's homework, classwork or extend yourself with more challenges
Mr Horton	Front Court Sports		Years 9-10	Sports Hub	LT	Rent sports equipment to use during lunchtime and be active with your peers
Mrs Morgan	Film Club		All Years	E1	LT	A time to relax and enjoy watching a wide genre of films, with post discussion and activities
Mr Hill	Go! Board games club		Years 7 - 9	Year 7 Area	LT	Play ‘Go’ and a range of board games from ‘Top Trumps’ to ‘Frustration’, ‘Exploding Kittens’ to Chess - who can bear Mr Hill?
Mrs Bateman	Homework Club		All Years	ITC	AS	Study support and an opportunity to complete homework tasks
Miss Miller	Maths Support		All Years	M1	AS	Support for all students
Mr Horton	PE Support		All Years	ITC	AS	Study support and an opportunity to see staff for OCR catch up
Mrs Storry	Chemistry Support		All Years	S2	AS	Support for all things Chemistry, including specific revision topics
Mrs Moorcroft and Miss Stanton	Art eXtra		All Years	A1/A2	AS	It is an opportunity to improve your art coursework, add to your own personal art portfolio, learn new creative skills and push your creative ability even further

FRIDAY						
Staff	Club		Yr Group	Location	Lunchtime/ After School	
Mrs Horton	Fitness		All Years	Fitness Suite	LT	A chance to let off some steam, use the equipment and get your physical activity log for the week
Mr White	Front Court Sports		Years 9-10	Sports Hub	LT	Rent sports equipment to use during lunchtime and be active with your peers
Miss Quigley	Ukulele and Guitar Club		Year 7	A6	LT	Develop your skills on the Ukulele or Guitar with a range of genres and songs
Mr Walmisley	IT Club		All Years	ITL	LT	Join us for support with your homework and other IT related tasks
Miss Williams	Kernow Youth Book Award (KYBA)		Years 7-10	E2	LT	Read and review books written by Cornish Authors and take part in the KYBA competition
Mrs Smith Mr Horton	Fun Fit		All Years	Sports Hub	AS	A fun, welcoming environment for all to be active in a full range of sporting activities

# Fowey River Academy



Mixx  
Programme

Fowey River Academy  
Windmill, Fowey PL23 1HE

[enquiries@fracademy.org.uk](mailto:enquiries@fracademy.org.uk)  
[foweyriveracademy.org.uk](http://foweyriveracademy.org.uk)  
01726 833484  
@foweyacademy