

Fowey River Academy

Newsletter



#FoweymeetsGermany

1st December 2019

CEO Report by Sara Davey

Dear Parents and Carers

The first week of the Winter Semester has been very busy and there have been some important changes to report. The new Student Planners have been in action for a week and we ask if you can check their use and sign the homework that has been set. An important section of the planner is where we explain the positive Learner Habits that we are keen to see in evidence in all the relationships that take place between everyone in the Academy. We are rewarding outstanding evidence of meeting the Learner Habits with a reward sticker every lesson. We are going to be actively looking for this positive behaviour when senior staff visit every lesson this week so that we are catching students doing the right thing. The aim is for students to gain seven credits so that they can cash them in for reward or save them for a better reward when they collect more stickers. The stickers will be placed in the planner and we hope to celebrate successes for all students.

If students have chosen to not follow the rules, we have been giving faults. The idea is to deter rule breaking and make it clear to students that we will be following up every time so there is fairness and consistency. This is the key to good behaviour, according to all research. It is early days but I am delighted to report that there is a much improved uniform and behaviour as students understand what the boundaries are, and those students who are finding it difficult to conform are standing out and finding themselves having to have conversations with senior staff and spend time in detentions and getting letters home. The expectations are high so that we can raise the bar to remove all low level disruption. I welcome your support in this firm stance towards improving the learning environment for all.

This week, Fowey River Academy students have been to Germany to learn with students from four other European countries about the UN Global Goals towards a sustainable future. The five students who attended have been outstanding ambassadors for the school and showing maturity and insight in all of the workshops. Another group of five students will be going to Italy in February to continue the project and build further a strong partnership for peace and prosperity in world. This chimes well with the Leading Edge vision of creating "World Class Education for Global Learners".



partnership for peace and

The theatre trip to Plymouth last week was also a great success. The performance was inspirational and students reported it was amazing. The accompanying staff were stopped by members of the audience who commented on how good the students were and how smart they looked in their uniform and how they were showing Fowey River Academy off in a very good light. It is great to be able to offer students the chance to have life enhancing experiences and this is something we want to build on further as we continue through this semester.

Finally, a reminder of the 7Es that constitute our language of learning. They are habits that are "Ethical", and that show "Empathy", "Endurance", "Evolution", "Equity", "Excellence" and "Ecological" behaviours.

I look forward to seeing these habits becoming embedded this week for all the students both in and out of lessons.

Best wishes
Sara Davey

Round Britain...

We are continuing to explore an exciting partnership with the Morvagh Sailing Project. Students from FRA have already benefitted from this great organisation through sailing adventures last year, building confidence and challenging themselves in tough environments.



FRA is looking at some exciting



options to partner with the project, that will potentially give our students access to a range of experiences on the training boat. In addition, Morvagh are looking to launch their 2nd Round Britain Aspire Challenge and we are excited that this will involve FRA, potentially in an exclusive arrangement for FRA students. These experiences are truly life changing for young people and we are determined that this becomes an inclusive experience, so

the challenge for us is to find ways to fund these experiences so financial considerations are not a barrier...if we can achieve that then this promises to be a 'game changer' in the way education at FRA is delivered, truly making the most of our natural environment. We will be sure to update you as things progress.

Sports Hub innovation...

Shhhhhh...it's a secret...but we are hatching plans for a Sports Hub revamp...watch this space...



Climate Crusaders

Climate crusaders Isla Hill and Ella Barnett, 7Earth, demonstrating with other students to show their solidarity in the face of the climate



crisis...
well done both, we are super proud of your moral stance!

Charity raffle raises valuable funds...

In the last semester, deputy tutor captain Harry and I decided to put on a Halloween raffle for Cancer Research UK. We raised a total of £72 ! We want to say a huge thank you to everyone who bought tickets and a massive thank you to everyone who donated prizes.

This includes: Eden Project, treasures Of Fowey, Middletons Fudge and the Coop, St Blazey! This will help find life saving treatment.



Pond dipping...

Year 8's today went species sampling in our science pond today to better understand our wild spaces and the species which live in them. Here is an artistic shot by Micheal of water hoglouse (*Asellus aquaticus*) as he viewed its adaptations through a microscope."



1. 8 Fire was lucky enough to net out a fine selection of identified, enjoyed and safely returned.

stickleback fish which were

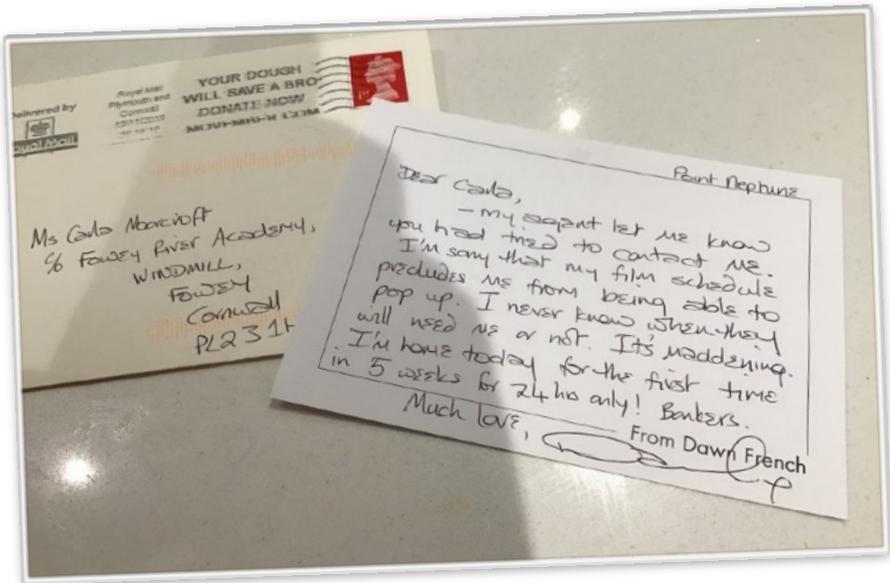
2. 8 Air moving pondweed aside to help find and identify the many different aquatic larvae living in our pond.

3. 8 Earth's Sam was able to net a smooth newt (*Lissotriton vulgaris*), the only adult newt out of the pond this academic year.



Dawn French letter...

We invited Dawn French to school as part of the year 8 REAL project launch, however she was unavailable. She sent a note to apologise though. We thought that was nice of her. Our new project is Heroes- who changed the world? Looking at people who have made a difference. Some of our focus will be based on local heroes.



How to achieve great success

Steps to great success and high-performance learning for everybody
At Fowey River Academy we believe that everybody can achieve greatness and as Aristotle once said, 'We are what we repeatedly do. Excellence, then, is not an act but a habit'.



- We aim to teach our students the values, skills and learning habits that will equip them for success beyond their school career and enable them to deal with the unexpected and whatever their future holds.
- We nurture students to become responsible, confident and keen to improve the world around them. We want our students to be creative, innovative and not afraid to try new things or present new ideas.
- We ask our students to make the deliberate decision to try, to be prepared to work hard, take risks, know that mistakes are ok and ask for help if needed

Each week we will bring a new focus for our students to master to help them along their journey to success.

We started this week with endurance, a value and skill which helps students to work hard, be resilient and never give up on their dreams. Changing the mindset and believing in yourself.

Please watch this powerful speech on why it is important to keep going and to develop your ability to bounce back <https://www.youtube.com/watch?v=3sK3wJAXGfs>

Our students this week who have shown outstanding levels of endurance:

Dakota Hambly, Chloe Tann, Fin Thurman, Hannah Compton, Maddie Morcom, Josh Simmons, Adam Stephens, Riley Tucker, Brandon West Major, Orin Taylor, Helen Jinks, Bronwyn Ellery, Dan Reed, James Parry, Jack Beech, Paris Richardson, Abi Brown

We will continue this week with hard-work.

Hard work is the key to achieving success it teaches us discipline, dedication and determination. It is only through hard work that we can achieve the goals of our life. Please watch this video on why hard-work is so vital

<https://www.youtube.com/watch?v=lvSIVFw3IcY>



Awards Ceremony

On Thursday the Duke of Edinburgh department had the pleasure of inviting parents, students and staff to a celebration evening. During the evening DofE students celebrated their achievements, received their certificates and reminisced on their adventures from last summer's expeditions. It was a fantastic evening full of smiling faces and proud parents. Congratulations to all DofE participants for your amazing efforts over the last 12 months, you have made some amazing memories and have a lot to be proud of.



proud parents.



Germany here we come!

Day one of the Erasmus project we started our day at 8 o'clock in the morning with a trip to the school. After we had arrived we were given a tour of this magnificent school, once the tour had concluded we made our way to a separate building (still part of the school) in which we took part in a workshop talking about the Global Goals. Once the workshop had come to a conclusion we were taken to meet the mayor of Augsburg and town hall. We presented the mayor with gifts from Cornwall and then headed down to the Christmas market. After we had explored the market we went back to our hosts' houses and ate dinner.



see the magnificent

Day two of the Erasmus Project we started at 8:00am with a presentation of Augsburg's Local Agenda by Dr. Norbert Stamm at the Holbein Gymnasium. After at 8:30 we had an interesting plastic workshop where we learnt about how plastic is impacting life under the sea. Next we had lunch at the Holbein Gymnasium and saw a model railway made by students at the school. At 14:30 the Maria Theresa Gymnasium went sustainable. Lastly,

we went to the cinema and saw a film called "2040 in Thalia" in English with German subtitles.



Auf Wiedersehen!

Day three of the Erasmus Project we started our day at 8:00 am, we met outside the local school. Then after everyone arrived, we all got on a coach that took us to the Neuschwannstein castle, King Louis 2nd's castle, which is one of three. The coach journey was roughly an hour and a half. We had a guided tour of the town and its history, then went for lunch at Gasthaus Hechten. Once everyone had eaten, the students were able to look round the town for a bit.



After that, we drove to the bottom of the castle, then walked the rest of the way. At 3:20, we had a very interesting guided tour of the castle and what each room was used for. The painting was beautiful! Then we each had a look in the gift shops, and walked back down. By then it was very dark and cold. Then we headed back to the school to be picked up.

Staying in a family is always fun. Meeting new people, making new friends and being on an adventure. At first it was difficult to adjust to as everything is an hour later and you don't know anyone in the house. But when the second day comes around it gets easier. You know the people around you a bit

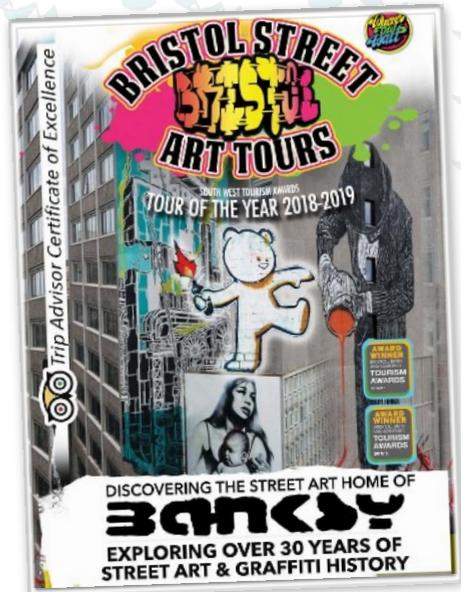
better and the times become more normal. Then comes the third day and it gets easier again. As time goes on everything gets better and more fun. It starts to feel less like an exchange and more like a holiday. The family becomes like a second home. It can never be better than Cornwall but it is really great. Now, you know the people and they know you. They are no longer strangers that you are staying with but friends that you are having a the longest sleepover ever with.



Auf Wiedersehen,
George, Henry, Abi, Erin and Lottie - Miss Hick and Mr Horton

Street Art Trip

A Ks4 creative subjects visit to Bristol is currently being planned to experience the amazing street art by professionals such as Banksy. Students will explore Bristol city centre on a walking tour and complete a stencil workshop whilst there. Letters will be given out before Christmas.



Key Stage 3 Photography creative carousel have started investigating photomontage. In week one already creating a digital and manual montage. Students will be learning how to take well composed photos and how to edit them on photoshop throughout the semester. They have made an awesome start.



Articulacy...

There was lots of fun and laughter in our Compass Centre this week when a group of Year 9 students took part in the Articulacy Project. The aim of the project is to increase confidence and improve presenting skills. At the end of the week students have to present to a panel of local business owners.



Darren, the tutor from Articulacy was really impressed with our students as were the local business owners.

"The students this week were amazing. They created a presentation each and performed them superbly. They were one of the most pleasant groups I have ever worked with, I hope to come back to Fowey River Academy soon. The panel of local business experts were in awe of the maturity and content of the presentations"

There was also positive feedback from the students involved,

"Very fun, thought provoking and helped me a lot when thinking about my future"

"I think it was awesome and I want to do it again, thank you!"

Cornwall Golf Championships...



too. Henry came 2nd in the Cornwall Schools golf comp last Wednesday at Newquay. Out of 47 competitors he did a good job in wind, rain and very cold conditions. There were students from various clubs across the county but Henry's home club of Carlyon Bay was the most represented on the day, a testament to their dedication to their junior team. He shot 7 under his handicap so a great round. Thanks to Mr H for signing up! Made my dad's day to pick Henry up at the end and see him so happy despite being freezing ❄️ cold 🙌



COUNTY HONOURS 🏆 Congratulations Maddie and Morgan selected

for #Cornwall v #Somerset 🙌
#football #fowey #proud



Match-day Squad 🗨️

Congratulations Archie for being selected against Bristol Academy for Exeter Chiefs U16

Academy #Chiefs v #Bristol 🙌
#rugby #fowey #proud

FRA Talent Show
TICKETS AVAILABLE NOW

Who is the next big thing?

After a series of tough auditions, the line up for the Fowey River Academy Talent Show has been decided - and have we got some amazing acts lined up for you!

The show will feature an exciting mix of musical acts, dance, acrobatics and even a very special non-human performer. The featured acts are now rehearsing and perfecting their acts with their allocated mentors, ready for our evening performance on Wednesday 11th December.

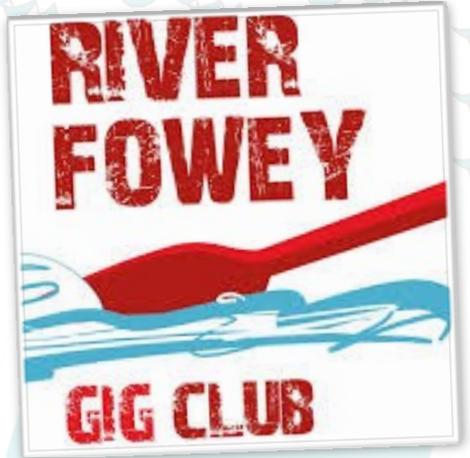
It will be a show not to be missed so please snap yourself up a ticket.

TICKETS AVAILABLE HERE:
<https://www.facebook.com/events/1504033469750292/>



Fowey Gig Club

River Fowey Gig Club is one of the most successful clubs on the gig rowing circuit, regularly placing at big competitions and with a Junior section that has swept the board in recent years. However, rowing is about fun & fitness whilst still being competitive, and so we welcome everyone to try this fantastic sport. We row from Caffa Mill car park in Fowey all year round.



We have many crews including Juniors, Novices, Mens, Ladies, Vets and our social rowers, everyone is welcome regardless of your fitness level and experience.

At Fowey we understand you don't want to give up your entire evening to rowing so crew rowing slots of 1 hour each are assigned to reduce waiting times, we supplement this

with inter-club events/social evenings so you can meet everyone.

Juniors currently train on Sunday mornings. If you are interested in giving rowing a go, email through our website for more details or message us via facebook. @foweygigclub

We look forward to meeting you.

www.foweygigclub.org.uk

Fowey Sports Hub Squash

Fowey Sports Hub boasts not just one but two squash courts... in fact we have 2 of the 3 courts in the area!!



Squash is a fantastic game for fitness, skill and dexterity.

We would love to boost participation in this brilliant game and we are looking for a volunteer who loves the game to help us develop a local squash league and a Fowey Squash Team, potentially leading to matches with other squash teams across the county.



We understand the commitment this requires and we will help as much as we can, and can potentially offer free membership for someone willing to take this on.

To book a court or to volunteer please [contact our manager Paul](#).

<http://foweyssportshub.co.uk/>



HOMELESS SHOEBOX APPEAL - MID CORNWALL

Dear parent,

For Christmas 2018, the generosity of people in Fowey, Par, Lostwithiel and St Austell gathered over 300 boxes - given out not just at Christmas but throughout the year to people in need. This Christmas we are running the appeal again from Mon Nov 4th to Fri Dec 13th.

The idea is a box or bag containing useful gifts for a homeless person - for example hat, socks, gloves, toothbrush & paste, babywipes, hair brush, (for women) sanitary products, a torch etc. You can also include a small gift and Christmas card (no alcohol, money, razors, painkillers or lighters please).

This year we are also collecting boxes for children. Please mark whether your box is for a man, woman or the age/sex of child.

Drop off points in Fowey (several more in Par, St Austell and Lostwithiel which can be found on our Facebook Page) from Nov 4th, last pick up Dec 13th.

- Fowey Church
- Fowey Primary School
- Fowey River Academy
- Squires Field Community Centre

These are being donated to:

- Cosgarne Hall in St Austell who provide temporary accommodation and support.
- St Petrocs in Truro and the Salvation Army who work with single homeless people.
- Cornwall Refuge Trust for families fleeing domestic violence (childrens boxes also needed)
- Seamens Mission who offer help and support to seafarers from around the world.

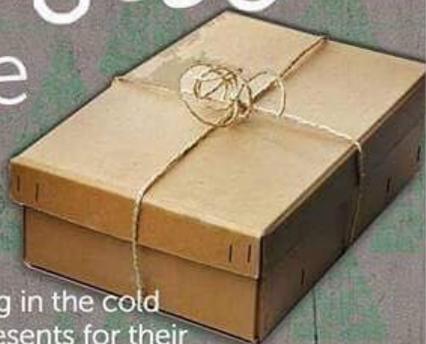
Last pick will be on Friday December 13th.

Your gift will make a real difference to someone's Christmas.

Thank you.

Sinead Hanks (Fowey) & Hannah Prior (Par).

Homeless ShoeBox Appeal for the Southwest



Every year homeless people are sleeping in the cold and watching everyone pass by with presents for their friends and families, well it's time we gave these people something to smile about, so go on, make a box up or a bag and give them their own Christmas present.

What to include in your ShoeBox (bags and boxes are fine too);

Hats

Scarfs

Socks

Tooth paste

Tooth brush

Baby wipes

Hair brush

Shower gel

Sanitary towels

Sweets

Extras if you can:

A torch

Blanket

Jumpers

Thermals

NO alcohol

NO money

NO razors

NO painkillers

NO lighters

Maybe even write a Christmas card and pop it in your box (Please state if it's for a man or women)



Please contact us and we will arrange collection of your boxes or tell you where your local drop off point is.

Contact via Facebook

Homeless Shoebox appeal WEST CORNWALL

Weds and
Thursday 8/9th
Jan Yr 8 day trips
to Falmouth Art
Gallery.

**FRA Talent
Show**
Wed 11th Dec:
6:30pm

Wc 16th Dec (TBC)
Creative workshops
with a member of
staff from Falmouth
Art Gallery

Friday 6th Dec P4 tbc
Fowey Arts and
Literature Festival talk
about Daphne Du
Maurier

Yr 10 Secondary Drama showcase
AMATA Falmouth University
Wednesday 15th January

Friday 10th Jan- P4 Talk by
Hannah Hawkey, ex dance teacher
who set up her own fitness
company and is taking the world
by storm. ROCKFIT workout...

We Are



The Leading Edge Academy Partnership

