

Mr Horton scored:

49

***Post your score in the
comments below!***

Dear Parents/Carers

I hope that you are all well and coping with the current unprecedented situation, I have found it challenging at times to deal with being at home for such long periods of time but have found exercise to be a real release and along with my two sons we have written a weekly timetable of various fitness activities that we are following. Mr Horton and the PE department have been filming a weekly challenge and I would encourage as many of you as possible (parents and students) to take part, I have already challenged the staff to do this as well!



Having returned to online learning after the Easter break I hope that the reduced number of lessons each day is proving to be more manageable, staff are reporting that they are being sent some outstanding pieces of work so please keep this up. The teachers will be online during their lessons and able to support any student that emails them, we also have support staff available if you feel that would be useful.

Please ensure that you submit work when requested, it's important that you complete all of the work set to ensure that you are up to date when we return to normal school lessons. We don't know how long the school closures will continue for but it could be a few more weeks or even months yet!

Thanks again to Mr Rolls and his team of helpers last week who boxed up and delivered seventy five food parcels to our free school meal students. As you will have seen on the news the company who have been employed to arrange the food vouchers have had major issues with their systems and due to this their system keeps crashing. We have been promised that this will be sorted as soon as possible, we will monitor this and do food parcels again if this doesn't happen over the next day or so.

Please look after yourselves and follow the government guidelines on social distancing.

Best Wishes

Ben Eddy

Introducing our new MAT Executive SENDCo:

Hi everyone,

I am really excited to have joined Leading Edge Academies Partnership this week although it has been a slightly different start to a new job. I am very pleased to be based at Fowey River Academy and, during Ms Davies maternity leave, will be the new main point of contact for any of your concerns around any additional needs your children may have.

I am local to the area and have worked in Cornish secondary schools for 15 years. My teaching area is in the Performing Arts and I'm looking forward to supporting the Creative Department at FRA over the coming year.

I am also involved in a variety of sports, from gig rowing to Par Track junior park run and even coaching rugby at Lankelly! I am a mum to three children, two of which are at FRA, one just finishing in Year 11 and the other in Year 9. So as both a parent and member of staff I am absolutely committed to supporting FRA on its journey to become an Outstanding School in the future.

This week I have spoken to some lovely parents and carers who have shared how creative they have been around teaching in the home. Anyone who has any other imaginative tips please don't hesitate to let us know!

I have also had contact from our Autism Advisor who has shared some useful top tips for supporting young people with Autism, Autistic Traits or struggling with anxiety over the difficulty of the current situation. These will be placed on a dedicated area of the school website very soon, so please feel free to use or pass on to others who may find these helpful.

The Autism Team have also launched a "hotline" email address for parents of young people with Autism which is manned Monday to Friday: AST.Advice@cornwall.gov.uk. As I find other resources I will place these on the FRA website.

There are also some interesting and useful resources from the Dyslexia Cornwall website for supporting pupils at home with Dyslexia and Dyscalculia. parentchampions.org.uk (from the Dyslexia-SpLD Trust) has some interesting short films for support around dyslexia and fine motor skills.

I look forward to meeting everyone soon, especially our students!

Stay well and stay safe.

Vikki Rolls
vrolls@fracademy.org





How can I help slow the spread of the virus?



Stay at home – no unnecessary journeys or social contact



Only leave home for **essential shopping, medical needs and exercise** once a day



You can travel to and from work if **absolutely necessary**



Public gatherings of **more than two people** are banned - excluding people you live with



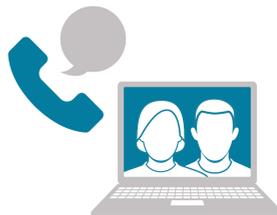
Don't visit other people's houses or socialise outside your home



Police **will be able to fine you** if you don't follow the rules



If you are unwell, **isolate yourself** and your family



Keep in touch with one another

Do you know a family of an FRA student that is really struggling financially during the lockdown...although there is government support out there, not everyone is eligible and for some it might not be enough...through our friends at FRA, we have access to funds that could make a difference...

please drop us a line and we can help...

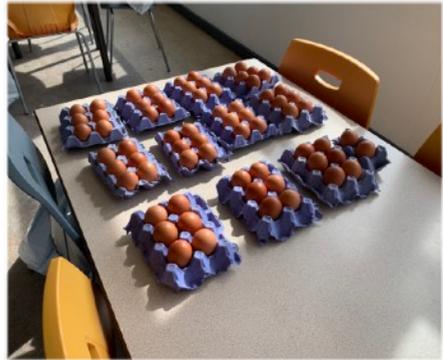
- don't be proud...
- don't struggle when it could be easier...
- we are here to help...

Send an email to compass@fracademy.org all correspondence is strictly confidential.



Free School Meals

The Government Voucher Scheme is now up and running and eligible students should have received their first vouchers to redeem with local supermarkets. We will miss coming out to visit you but this scheme should give you more flexibility over what you get and when you get it...thanks for your patience and support as we got things up and running. Stay safe.



Year 7 Science

The experiment was to test the acidic levels on copper coins with liquids or food within the home.

*First I picked seven two pence coins that were of similar colour.
*then I chose six liquids and one food item and place them into similar size containers, making sure the experiment was fair I measured the exact same amount for each container (1tablespoon). See picture A



*I placed the coins in at the exact same time to make it a fair experiment.
See picture B



*I left the tray for 24hrs to give it maximum chance.
*after the 24hrs I removed the coins and rinsed in cold water. Placing the coins back on the correct post it note.
*I compared the results and placed them in order of which ones I thought were cleanest to dirtiest.
See picture C



*my conclusion is that vinegar and salt mixed together worked the best and the worst was lemon juice.

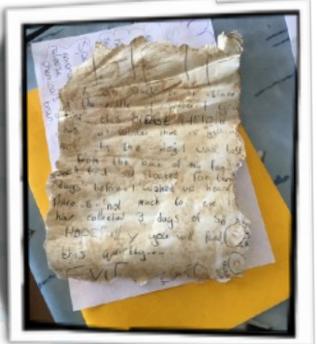
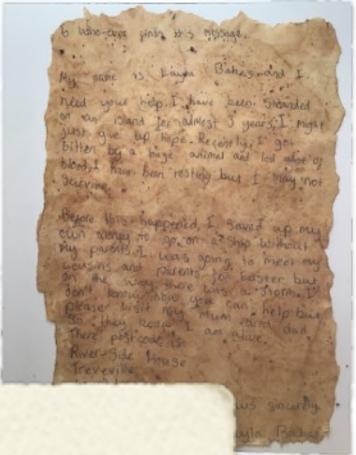
This week I set the challenge of some kitchen chemistry to my year 7 classes. I asked pupils to measure the strength of various acids found in foods and drinks in the house. They were asked to place copper pennies into a sample of various acidic foods or drinks such as; fizzy drinks, ketchup, milk, vinegar and more, the sample that cleaned the coin the best was the strongest. This is because acids break down the copper oxide that forms on copper coins over time, returning them to their former shiny appearance.

Here is a brilliant example by Jake (7 Water)

Year Group Updates

Year 7 Drama

We've had some amazing Drama work submitted this week by Yr 7. The task was learning how to create authentic props as well as develop character and plot. They are stranded on an island and had to create a message in a bottle in the hope of being rescued.



Year 8 Drama



This week in Drama Yr 8 were continuing their work on Secret Agents. The task was to create a bad agent character but only using household objects.

This example from Demi is called Bad Agent Bag Man. He is a bit of a couch potato however, and can blend in really well when staking out in a pub.



Here are a couple more pictures of bad agents created by Yr 8 Drama students s part of the learning on creating a character.

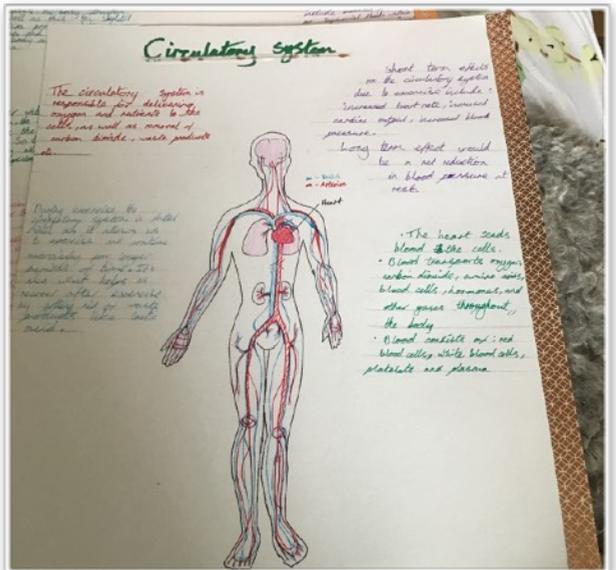
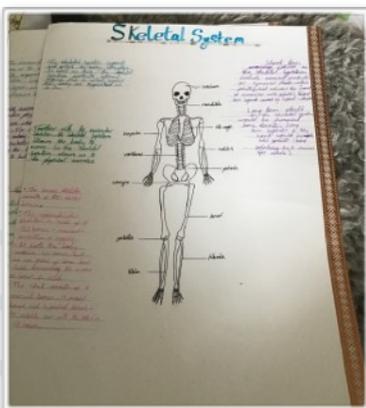
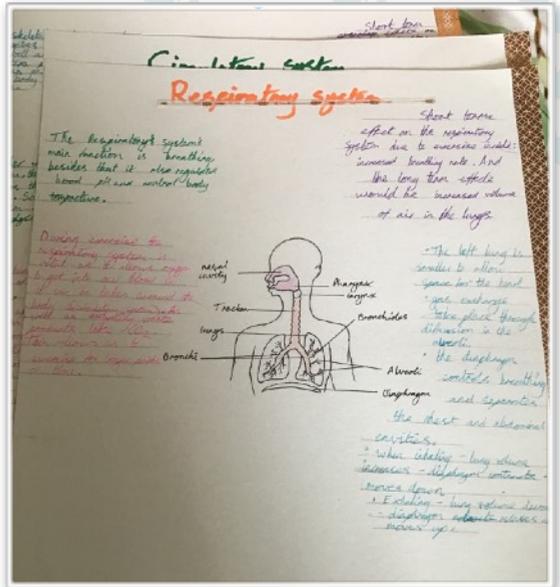
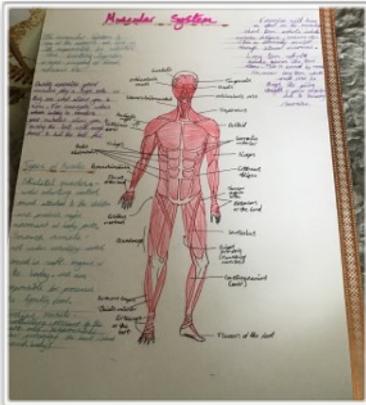
Agent Betty is so bad she has received vines from the vegorment for bad behaviour.

Psycho Billy can crush thinking to a powder, which he then scoops up and puts into his urn.



The amazing body!

This Yr 10 student has actually taken the time to hand draw each system. It's beautiful.



Year 11 Update

Dear Year 11 students, Parents / Carers,

We are writing as you start your last term at Fowey River Academy. Usually during this term our year 11's would be preparing for examinations and showing a culmination of their knowledge, understanding and learning from their time in secondary education. This unprecedented time means a great deal of change, but rest assured you will get the grades each of you have worked for in your courses. We would like to take this opportunity to remind students from Mr McKinniss's last letter...



"It is extremely important to note that our Year 11 students will not face a systematic disadvantage as a consequence of these extraordinary circumstances, and the Government has announced that these exam results will be indistinguishable from those provided in other years. This is good news as GCSEs are a culmination of many years hard work by our students."

Of course, the year 11 Prom is another event that we would all be looking forward to. Again, we will look at ensuring there is the opportunity to have final farewells in some form when these restrictions are lifted.

It has now been confirmed that results will be issued on 20th August 2020. As yet we do not know how this will happen, as we do not know what restrictions will be in place in August...

For the full article including Q & A's please go to our website:

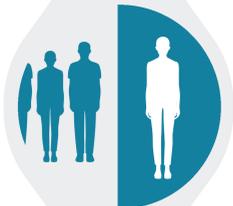
<https://fracademy.org/year-11-update/>



If I am unwell, what should I do?



Do not go to a GP surgery, pharmacy or hospital



If you have a 'new continuous' cough or high temperature you should self-isolate for 7 days and visit [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus) for help



Anyone living with someone who has symptoms should stay at home for 14 days, in case symptoms develop



If symptoms worsen – use online 111 coronavirus service at [111.nhs.uk](https://www.111.nhs.uk)



The service will give you advice on what to do next

Message from Mr Horton

Hopefully you are all finding ways to be active during the current lockdown. We have launched the FRA Daily Challenge on the schools instagram @FRAcademyNews where you can have a go at some active and creative challenges over the next few weeks. Some of you may be missing sports competitions or feel disappointed about watching sporting events, we have some information to help you and also some recommendations of sporting alternatives that you can watch or do at home. -StayHome -StaySafe

HOW PARENTS CAN SUPPORT ATHLETES WHO ARE DISAPPOINTED ABOUT COMPETITION CANCELATIONS



1 Encourage your child to stay focused on the present moment and the here-and-now



2 Encourage your child to see this as an opportunity for growth, development and learning



3 Be there for them when they are feeling upset. Listen to them and encourage them to talk about how they are feeling.



4 Work with your child to think about how they can be best at responding to the cancellations. Think about things they can do and how they should behave



5 Review their goals and set some small and achievable targets they can work on over the coming weeks



6 Work with your child to identify times in the past where they have coped well with stress/diversity. Use those experiences to guide them forward

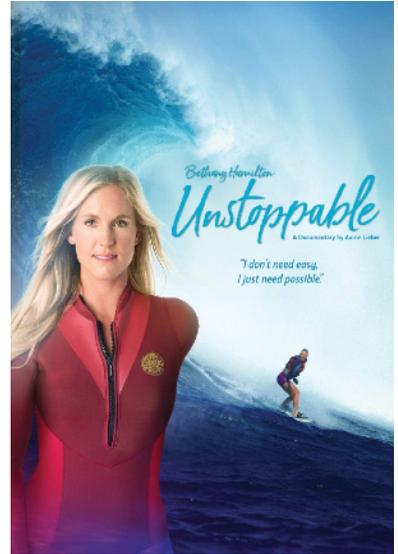


7 Help support your child to create a new meaningful personal challenge which they can work towards

@BELIEVEPHQ



One to watch:



A new documentary on Netflix about how a surfer in Hawaii came back from having her arm bitten off by a shark to achieving the dream she originally set out on. True story - and a tear jerker!

Mr Chapman - Strength Building

Mr Chapman has been challenging himself and building strength by completing 100 press-ups every day. He doesn't complete them all at once, but splits them up throughout the day.



Look out for:



<https://www.twopointsixchallenge.co.uk>

Who's up for the challenge?

Mr Horton, Miss Renfree, Mr Chapman, Miss Martin and Mr Waters have been keeping their minds sharp with the following challenge:
Can you name these football teams...



Mr Horton's SURF WORKOUT

Can't get to the beach? No worries, stay surf-fit with this workout:



The Paddle Out:

- Jumping jacks x20
- 5 x Walk outs
- 5x Down and ups
- X2

Super Set On:

Complete a pair of exercises without stopping - do this twice for each pair with rest in between

- Woodcutter jumping lunges x 10
- Plank ups x 10

- Step ups x 20
- Tricep Dips from a step or bench x 20

- Full ups x 10 (fully release your hands at the bottom of your press-up)
- Sit ups x 10

- Surfee's x 10 (burpee's with a twisted jump)
- Russian twists x 20

- Single leg squats x 8 each leg
- Diamond press ups / box x 8

- Jump squats x 10
- Crunches x 10

The Prone In:

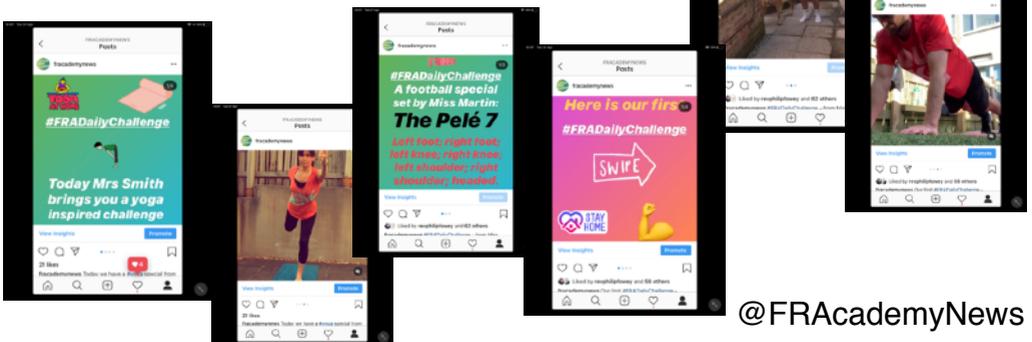
- Plank 30 secs - rest 15 secs
- 5 x walk outs slow and steady
- X2

Ways to improve/progress

1. complete 3 sets of each
2. Complete for time (30seconds work; 15 seconds rest)

FRA Daily Challenge

We have been posting daily challenges over on the schools instagram account. Check it out, and post your scores!!



@FRAcademyNews

THE FRA VISION

To inspire lifelong global learners who have a desire and belief that they can achieve.

Teaching students, the vital knowledge, skills, attributes to be successful.

Providing every student with the experiences that shape and develop their character and the support and guidance to nurture their talents

WELLBEING @FRA



Increasing our student's ability to flourish in life and on the planet. Having positive emotions, meaning and purpose, opportunity for achievement and being engaged and interested

Resources

For all your health and wellbeing needs. Please use the link below for a FRA wellbeing resource pack to help with all aspects of your wellbeing

<https://fracademy.org/lockdown-resources/>

This week we also launch a new wellbeing enrichment programme based on the 5 ways to wellbeing please use the link below to explore in more detail.

<https://foweyriver.fireflycloud.net/enrichment/clubs/wellbeing>

HOW TO MAINTAIN GOOD MENTAL WELLBEING DURING ISOLATION

WELLBEING IS ABOUT BEING ABLE TO EXPERIENCE GOOD HEALTH, HAPPINESS AND HIGH LIFE SATISFACTION, INCLUDING MANAGING YOUR STRESS. IT'S NOT ALWAYS EASY TO FIND THE RIGHT STRATEGIES TO ESTABLISH AND MAINTAIN YOUR WELLBEING. OFTEN THE MOST SUCCESSFUL METHODS ARE UNIQUE TO YOU AND THOSE THAT CAN BE CONSISTENTLY APPLIED LIKE FOR INSTANCE, EVERY WEEK.

TOP TIPS FOR ALL

MINDSET & THOUGHTS

SOMETIMES, WE CAN ONLY SEE THE PROBLEMS AND CHALLENGES. TRY TO TAKE A FEW MOMENTS EVERY DAY TO REFLECT, PERHAPS THROUGH WRITING IN A JOURNAL OR SPENDING FIVE MINUTES IN THE MORNING TO NOTICE SOMETHING WE CAN BE THANKFUL FOR AND FEEL POSITIVE ABOUT.



KEEP PHYSICALLY ACTIVE

STUDIES SHOW THAT THERE IS APPROXIMATELY A 20-30% LOWER RISK OF DEPRESSION FOR ADULTS PARTICIPATING IN DAILY PHYSICAL ACTIVITY. TRY TO GO FOR A WALK DURING THE WEEK OR JOIN A CLASS OR LOCAL COMMUNITY GROUP. MANY PEOPLE FIND THAT JUST THE CONNECTION WITH THE OUTDOORS HELPS TO 'RESET' THEIR MIND AND WELLBEING FOR THE DAY.



POSITIVE THOUGHTS

WHEN YOUR THOUGHTS ARE OVERWHELMINGLY NEGATIVE, WE CAN FIND IT HARD TO FIND HEADSPACE TO THINK POSITIVELY. TRY THIS... IMAGINE YOU ARE SAT ON TOP OF A HILL AND YOU ARE LOOKING DOWN AT A TRAIN TRACK BELOW WHERE TRAINS ARE COILING AND GOING. NOW IMAGINE THE TRAINS ARE YOUR THOUGHTS. WATCH THEM COME AND GO, BUT DON'T GET ON THE TRAIN. JUST WATCH THE THOUGHTS COME AND GO IN YOUR MIND WITHOUT ACTUALLY FOLLOWING THE NEGATIVE ONES DOWN AN UNHELPFUL/NEGATIVE TRACK JUST WATCH IT PASS!



GOOD QUALITY SLEEP

zzz

IF YOUR MIND FEELS FULL UP OR YOUR EMOTIONS ARE OVERWHELMING, YOU WILL FIND IT HARD TO ENJOY A GOOD NIGHT'S SLEEP. THERE ARE LOTS OF FREE MEDITATION AND SOOTHING SOUND VIDEOS ON YOUTUBE (WAVES, RAIN, CALMING MUSIC) OR FIND A PODCAST WHICH IS FUNNY OR HUMOROUS. WRITE YOUR THOUGHTS DOWN ON A PAD OR CREATE A 'TO DO' LIST. THEN PUT THE PAD OUT OF SIGHT UNTIL THE MORNING. SLOWLY BREATHING FOR AT LEAST 3 MINUTES CAN ALSO HELP. IN SLOWLY THROUGH YOUR NOSE AND OUT SLOWLY THROUGH YOUR MOUTH.

EAT WELL



A 2019 STUDY FOUND HIGH LEVELS OF WELLBEING WERE REPORTED BY INDIVIDUALS WHO ATE MORE FRUIT AND VEGETABLES. THE KEY TO BALANCING EATING WELL WITH BUSY FAMILY LIFE IS TO PLAN AHEAD. IF YOU CAN PLAN WEEKDAY MEALS AND BUY THE INGREDIENTS AHEAD OF TIME THIS REDUCES THE NUMBER OF 'LAST MINUTE' UNHEALTHY MEALS.

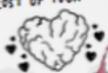
ACCEPTING HELP



WE MUST BE ABLE TO LEAN ON OTHERS WHEN NECESSARY. IT IS UNREASONABLE FOR US TO ASSUME WE WILL NEVER NEED HELP THROUGHOUT OUR LIFE. THIS MEANS ACCEPTING HELP WHICH MAY BE VOLUNTEERED OR ASKING WHEN THE NEED ARISES. THE HELP COULD BE THROUGH A FRIEND, RELATIVE OR SERVICE YOU TRUST, INCLUDING NATIONAL HELPLINES.

DOING GOOD DOES YOU GOOD

THERE IS A STRONG RELATIONSHIP BETWEEN WELLBEING AND COMPASSION. DOING GOOD CAN HELP LOWER STRESS LEVELS AND IMPROVE YOUR WELLBEING AND MENTAL HEALTH. HOWEVER, THIS CAN ALSO WORK THE OTHER WAY AND YOU SHOULD ALWAYS ENSURE THAT YOU ARE NOT HELPING OTHERS AT THE COST OF YOUR OWN WELLBEING.



STAYING CONNECTED

HIGHER RATES OF MENTAL HEALTH PROBLEMS SUCH AS DEPRESSION AND ANXIETY, ARE ASSOCIATED WITH LONELINESS AND SOCIAL ISOLATION. OFTEN SOCIALISING WITH OTHERS CAN FEEL LIKE A LOT OF EFFORT IN THE EVENING WHEN WE'RE TIRED. HOWEVER, HEALTHY RELATIONSHIPS AND CONNECTIONS TO OTHERS HAVE A SIGNIFICANT IMPACT ON MAINTAINING GOOD WELLBEING. USING VIDEO CALLS, LIVE STREAMING OR 'FACETIMEING' IS A GREAT WAY TO KEEP IN TOUCH WITH FRIENDS AND FAMILY IF YOU'RE FEELING ISOLATED. IF YOU PREFER CALLING, PICK UP THE PHONE FOR A CHAT. MAINTAINING GOOD RELATIONSHIPS HELPS TO SET A GOOD EXAMPLE FOR CHILDREN, AS THEY NOTICE AND IMITATE THE BEHAVIOUR AND EMOTIONS OF THOSE AROUND THEM.



Mr Bayes is hoping for sunshine!



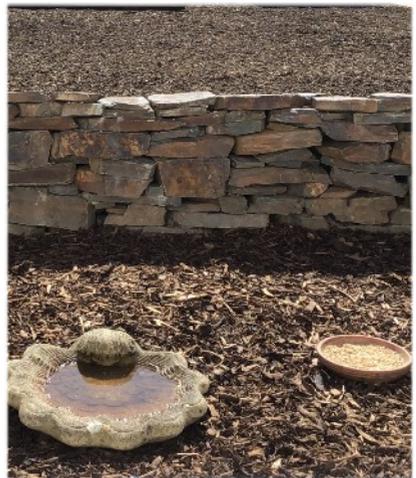
Mr Rolls reusing an old bed!



Ms Rubio-Piqueras cooking up a storm!



Mr Chapman's wall making skills!



Psychedelic Dino!



C'mon you reds!



Getting creative!



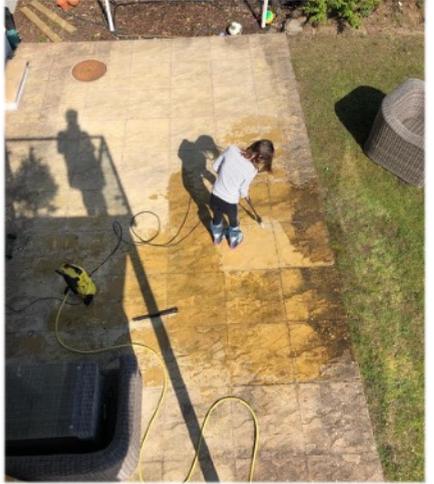
Lay a little egg for me!



Love, Peace, Out!



UNDER PRESSURE!



LITTLE AND LARGE!



Emma's Amazing Cake!



Valencian Paella

Ingredients	Method
3 cups short grained rice	 <ol style="list-style-type: none">1. Heat the oil in a paella dish or large shallow frying pan.2. Salt the chicken and rabbit and brown in pan for 5 mins.3. Add beans and brown for another 5 mins.4. Add the garlic, paprika and tomato. Add water and the snails. Boil for 10 mins.5. Add the saffron and rice, distributing it evenly over the surface of the pan. Boil on a high heat for 8 mins.6. Add rosemary and salt to taste.7. Turn heat on low and cook for a further 8 mins. so the bottom layers of rice are crispy ("socarrat")8. Garnish with lemon and serve immediately.
100ml olive oil	
1.2l water	
800g chicken, cut into bite size pieces	
600g rabbit meat, cut into bite size pieces	
12 Vaquetes snails, well cleaned (optional)	
250g Ferradura beans (wide green beans)	
200g Garrofon beans	
1 ripe tomato, peeled	
1 clove of garlic, peeled and chopped	
1/2 tablespoon of paprika	
Saffron threads	
Salt	
Rosemary (optional)	
Lemon wedges to garnish	

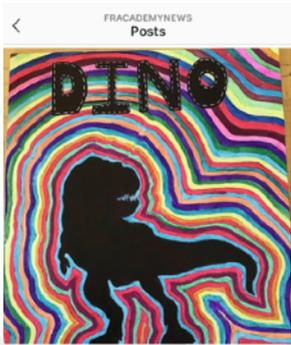
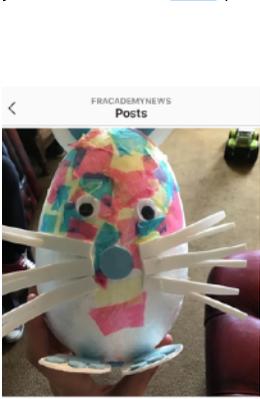
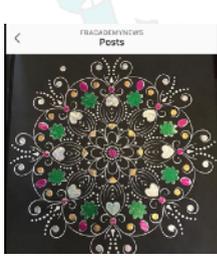
YouTube video in English from a Valencian chefs showing you how to cook it!

<https://www.youtube.com/watch?v=KASWoRF7P5M>

https://www.youtube.com/watch?v=L_dDUw_QuDU

BBC website with recipe and more types of paellas!

<https://www.bbcgoodfood.com/user/797247/recipe/valencian-paella>



TUDOR FASHION

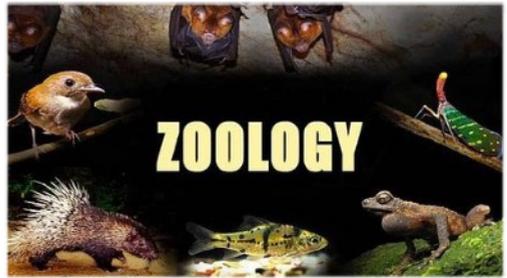
- 1. They used daintier to display how rich they were.
- 2. Rich people would like to finish an outfit with a ruff. Women would wear padded skirts held up with hoops. One of these were bodices and 3. They used jewels and embroidered gold thread.
- 4. They were fustians for its beautiful and highly decorative clothing.
- 5. Rich people could use fine wool linen or silk these options were to expensive for the poor.

Fashion Through The Ages.

1340	1870	1980
1990	1900	1910

Enrichment

The staff have been working hard to create a set of exciting resources that students can use to stretch and challenge. These resources are entirely optional but cover a range of really interesting subjects. So if you want to do more or fancy a change of topic, have a look:



[HTTPS://](https://foweyriver.fireflycloud.net/enrichment/clubs/wellbeing)

[FOWEYRIVER.FIREFLYCLOUD.NET/
ENRICHMENT/CLUBS/WELLBEING](https://foweyriver.fireflycloud.net/enrichment/clubs/wellbeing)

FOWEY FESTIVAL CHILDREN'S PROGRAMME

Huge Congratulations to the following students for having work commended by the Fowey Festival of Arts and Literature Awards for Young Writers and Artists 2020 .

Students worked on the theme of Spirit of Cornwall, in lessons, project week and during art club to create a variety of designs which inspired the judges.

Students ranged from year 7 paintings, to year 10 textiles. It is an absolute pleasure to see the FRA Art Department once again leading the way in local creative competitions.

Isla Hill
Maisie Cunningham
Sonja Hornsby
Emmie Bulley
Robyn Burt
Millie Gough
Isobel Newton Webster
Finley Tardivel
Christine Pimblett/ Annabelle Woodford
Joel Wilson Brown

LIVE

REC

AGE RESTRICTION

13+

WHAT IS HOUSEPARTY?

Houseparty is a live streaming app described as a face-to-face social network where people 'drop in' on each other to video chat, leave messages and hang out in groups. The app is available for iOS, Android, macOS and Google Chrome and has tens of millions of users worldwide. It's important to note that children under the age of 13 must have a parent's permission to access the service, however, no proof of age is required to create an account.

HOW DO YOUNG PEOPLE USE IT?

Each time the app is opened, your child will be instantly connected to other users who are also on the app. Users can create group conversations of up to eight people at one time. Each time a person joins, the screen splits to show everyone who is part of the conversation. Your child can add contacts via phone numbers, search for their usernames, and share a link to their profile. They can have as many rooms as they want and move from chat to chat by swiping across the screen. Along with this functionality comes a few associated risks to be aware of...

What parents need to know about

HOUSEPARTY

LIVE

LIVE

"STRANGER DANGER"

Friends of friends can join conversations on the platform without the need to be connected or known to all the other users in the chat. Houseparty calls this feature 'Stranger Danger'. While it does alert users when individuals they may not know enter their chat room, it also suggests strangers might be a reason for party time. There's also the danger of people attempting to deliberately mislead others by using false names or usernames.

SEXUALISED MESSAGES

People may use live streaming apps such as Houseparty to engage in inappropriate or illegal activities. There have been concerning reports directly linked to Houseparty, including one incident where two Mancunian children aged 11 and 12 were reportedly targeted by men exposing themselves back in 2017. Outside of their close friends list group, it's also important to note that friends of friends can also connect with your child via the app, which may include people with this intention.

CONTENT BEING SHARED

The 'facemall' feature lets users share moments from their Houseparty conversations by recording and sharing 15-second snippets of chats. They also have the option to save these moments to their gallery. For privacy purposes, every member of the group will see a notification if another member is recording - this could be a concern if your child shares something in the live chat that they may later regret. Once recorded, they lose control over the video and how it is used. Screenshots of live streams and private messages can also be taken which could be shared wickily and embarrass users.

CYBERBULLYING

Cyberbullying is when people use technology to harass, threaten, embarrass, or target another person. Group chats can be used by bullies to make negative or hurtful comments which may cause offence or be harmful to others in the group. Exclusion from friendship groups within the platform may make your child feel sad and left out/socially excluded.

OVERSHARING PERSONAL INFORMATION

Children often don't understand the risks involved in giving out too much personal information in a live stream or within their profile. They may also be less protective of personal details during online conversations. One example of this within a live chat could be their background revealing information about where they live or go to school without realising.

IN-APP PURCHASES

By tapping on the dice icon your child can play a game called 'Heads Up!' where one person gives clues to describe something and the other players guess. Three cards are included for free but additional decks cost real money. There's the potential for your child to get carried away playing the game while working up a small fortune.

LIVE

Top Tips for Parents

LIVE

TURN ON PRIVATE MODE

One additional tip is to use the app settings to turn on 'Private Mode' which automatically locks the room, instead of doing it manually. Parents with questions can always email us at hello@houseparty.com

SOURCES:

<https://www.thetimes.co.uk/article/houseparty-the-chat-app-that-lets-you-keep-your-facebook-edp-partners-by-https://www.4mat.co.uk/https://www.houseparty.com/>

NOS National Online Safety

#WakeUpWednesday

SAFER CONVERSATIONS

With live streaming being such a popular feature on apps, it is important that you are aware of the dangers associated with it in order to protect your child effectively. Have regular and honest conversations with your child about what apps they are using and how they are using them. It may be a good idea to have your child show you how they use Houseparty and how to navigate through the platform so you are aware of how it works.

PROTECT THEIR PRIVACY

Your child may unknowingly give away personal information during a live stream, including their location. Talk to them about what constitutes 'personal information' and make sure they do not disclose anything to anyone during a live stream, even to their friends. Advise them to remove any items in their live stream (school uniform, street name, posters etc) that could potentially expose their location or personal information. Check your child's privacy settings thoroughly. You have the option to opt out of certain uses and disclosures of personal information, such as turning off the app's location sharing option.

REMOVE LINKS TO OTHER APPS

Users can link their account to both Facebook and Snapchat, or can simply share a link to their profile. We advise that you remove these links and remind your child not to publicly share access to their online profiles as this is the potential for strangers to get hold of your child's information or communicate with them.

CHECK COMMUNICATIONS

Also, it's important to be aware of who is on their friends list and who they are communicating with. Remind your child to not communicate with people they do not know and trust. If they experience something on the app that makes them feel uncomfortable then they should tell a trusted adult immediately. Remind your child that if they get an invite to join a Houseparty room from someone they don't recognise, then they should ignore the request.

PROTECTING YOUR CHILD'S DIGITAL FOOTPRINT

As the videos are live, it may lead to the misconception that whatever happens in the video will disappear once the live stream ends. All content shared on the app can be recorded or screenshoted and shared to a wider community. It is important that your child knows that what they do now may affect their future opportunities. In addition to this, the video chats can't be reviewed later which means unless a parent or carer is sitting nearby during a call, they won't know what has been said. It's worth bearing in mind that parents can see when their child has last communicated with someone and for how long for under the 'We Time' feature.

BE PRESENT

A study conducted by the Internet Watch Foundation (IWF) found that 96% of streams showed a child on their own, often in their bedroom or bathroom. If your child is going to conduct a live stream, ask them if you could be present for it. This will give you a greater understanding of what your child is doing during their live streams and who they are streaming to.

REPORTING AND BLOCKING

If your child faces a problem while using the app that you report back to the platform by shaking their phone. A prompt will pop up allowing you to report issues immediately by clicking on the 'report now' button. They also have the option to report and block users directly on the user's profile.

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