

# The Great Fowey River Academy European Bake-Off

## How to vote:

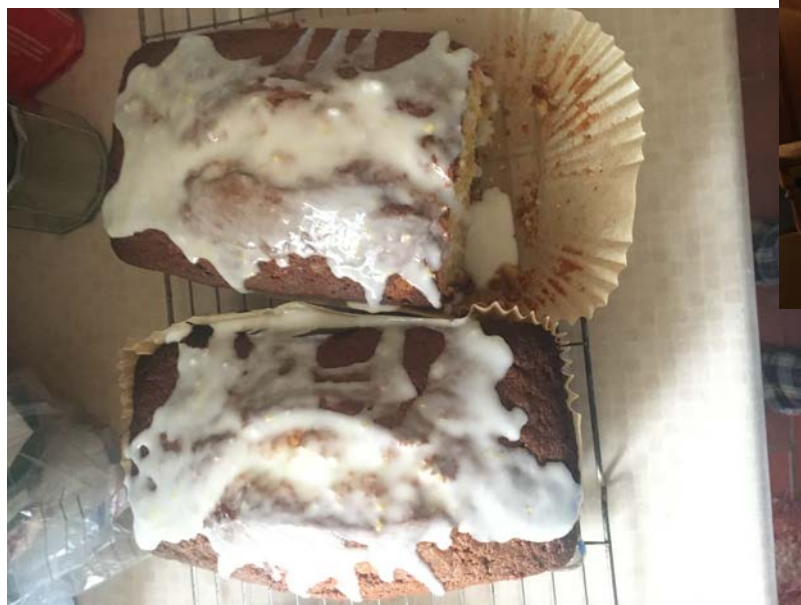
Displayed in this booklet are the entires to The Great Fowey River Academy European Bake-off.

Use the link below to nominate your favourite baked delight that is on show.

All entries will be displayed in our cook book but the most popular entires will be published with the winning recipe.

<https://www.surveymonkey.co.uk/r/TDXQR8W>

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# FRIENDSHIP CAKE

## the story of this cake

This cake is made using a very old method and legend says that the person who offers mother mass glass (leaven) wishes you luck and health. It takes ten say to develop, without a mixer, refrigerator, or any other modern device. Tradition has it that you receive the mother mass from someone and you have to start cake on Thursday so that it is ready on the Saturday of the next day.

### PART ONE

Day one: Pour the contents of the glass into a bowl, add a glass of sugar and a glass of flour, DO NOT MIX!

Day two: Stir well with a spoon

Day three: DON'T TOUCH

Day four: DON'T TOUCH

Day five: Don't worry if it's hard. Pour a glass of milk, a glass of sugar, a glass of flour. DON'T MIX

Day six: Mix with a spoon

Day seven: DON'T TOUCH

Day eight: DON'T TOUCH

Day nine: DON'T TOUCH

Day ten: Separate three glasses from the mother mass that you give to three people wishing them luck and health

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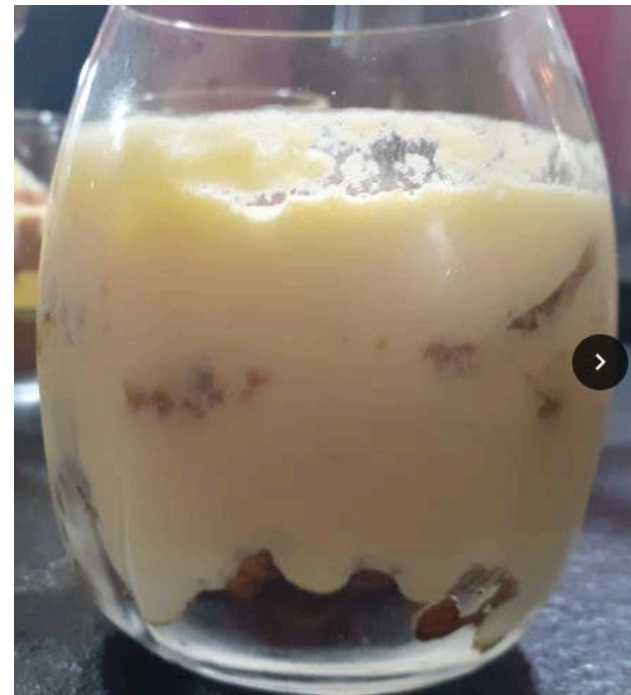
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