

Fowey River Academy

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SHOOTS OF RECOVERY...

BY MR EDDY

Firstly, I'm delighted to say that I have been appointed as Fowey River Academy's permanent Headteacher, having worked at the school for the past sixteen months I have been able to work with everyone involved with the school and guide us through the many changes that we have had put on us through the Covid 19 pandemic. Alongside this, we have also made many changes to the learning experience for the students.

Over the Summer term, we will be conducting some surveys with students, parents and staff to help us to make some informed decisions about the future direction for FRA.

The past year has been such a challenging time for pupils, families and staff alike. Our staff have done an amazing job ensuring that pupils' learning continued whether young people were working from home or in school. More recently we were delighted when the Prime Minister announced the government's four-step roadmap towards a more normal life. In this announcement, the Prime Minister stated that all pupils, apart from those Clinically Extremely Vulnerable, would return to school on the 8th March. This was such a relief to us all and now it very much feels as if it is back to business as usual as learning has fully returned to the classroom.

We look forward to the government starting to lift restrictions further this term which will enable our young people to access learning opportunities that take place outside school. There's never been a more important time when we've all needed to pull together in order to do our very best for our young people. I therefore thank you for your resilience, kind-heartedness and commitment to supporting the school in such difficult times.

Remember that full school uniform should be worn (no trainers) apart from on the day when you have PE, school PE kit should be worn to school on these days. As the weather has improved students will not need to wear hoodies or coats around the school.

I hope that you have all enjoyed the Easter break, and look forward to seeing all of the students back in school on Monday 19th April.

All the best

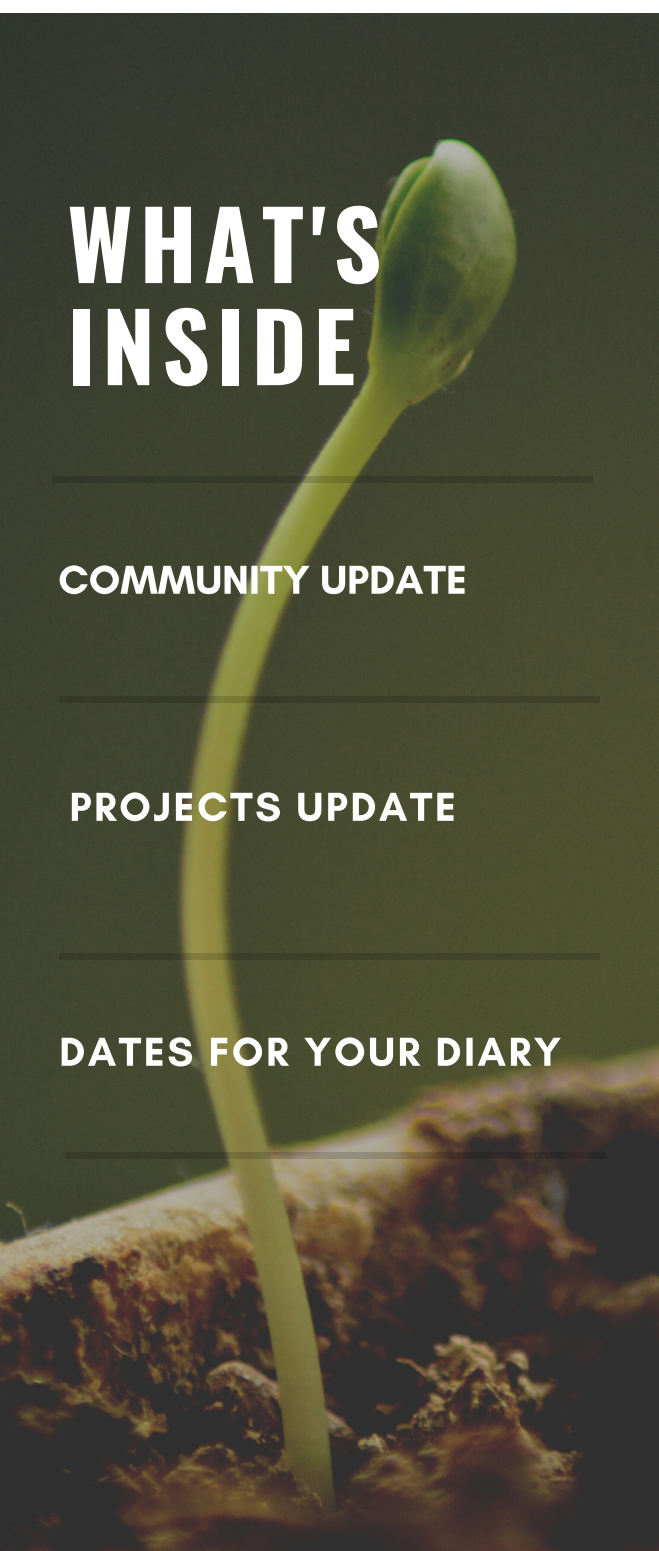
Mr Eddy

WHAT'S INSIDE

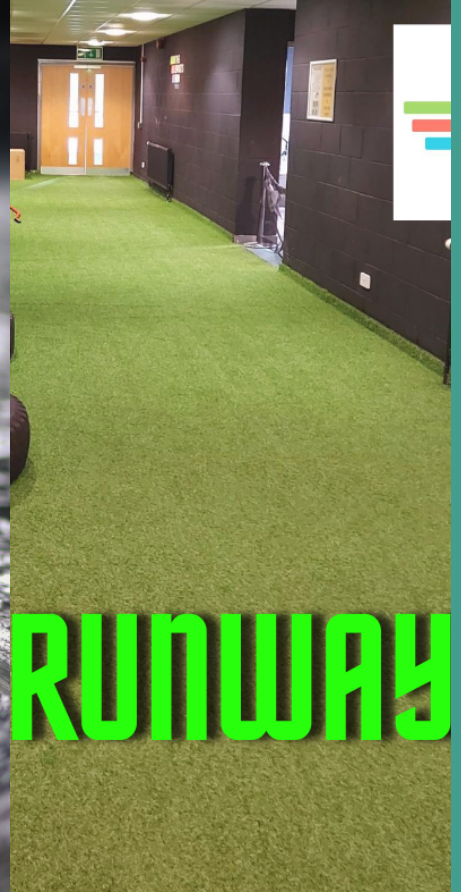
COMMUNITY UPDATE

PROJECTS UPDATE

DATES FOR YOUR DIARY



COMMUNITY



STUDENT RESEARCH

We are delighted to welcome Nell Smirthwaite onto the team. Nell will be working with us over the next couple of months conducting some research into how the education system can develop innovative ways to raise investment to support education and learning. Nell is studying at the University of Exeter and lives locally.

FRA ALUMNI

We now have over 100 ex-Fowey students signed up to our Alumni network, to help inspire current students with stories of what is possible...[join us here](#).

SPORTS HUB OPENS

The 12th April saw us throw open our doors to the community once again, as we try to rebuild the Sports Hub into the community health hub we know it can be...please support by taking up membership, attending classes and booking the brilliant facilities...[click here for more](#):

FOWEY RIVER CIC

We are pleased to announce that we have recently supported the development of a Community Interest Company that will work closely with the school to support our students and their families in the community. We want to make a real difference in the community and we hope the CiC will become an important agent for change, working in partnership with other like minded groups, to benefit all. More to follow...



NEW PROJECTS...NEW BEGINNINGS

Be the change that you wish to see in the world...

At FRA we are constantly thinking of ways to make student life better, more real and more exciting. During lockdown we have not been idle, we have been looking at ways to develop the school, often with a limited budget, but no lack of inspiration.

One thing we are blessed with is good facilities and lots of space. Although some of the facilities have lacked investment, we are excited about a number of projects that will address that over the coming months and years. Alongside facilities improvement, we are looking at ways to create meaningful experiences and we are delighted to announce the following projects and partnerships that will push



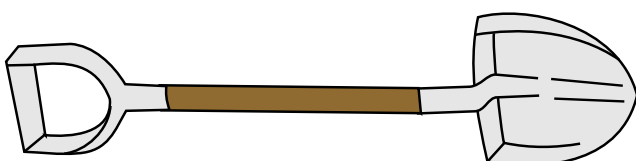
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Don't wait for it to happen...go
make it happen!

”

Fowey River Records is the working title for our revamped recording studio space. Students will soon be able to develop their music recording skills and lay down a track or album and we will be inviting the community in, to make use of the space as well. So if there are any aspiring young bands out there, get in touch!

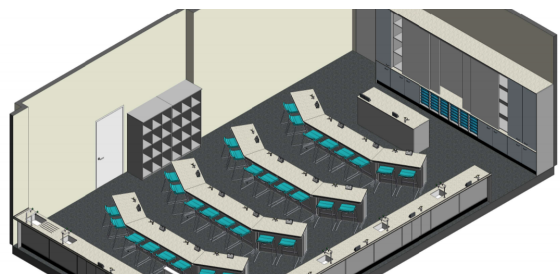
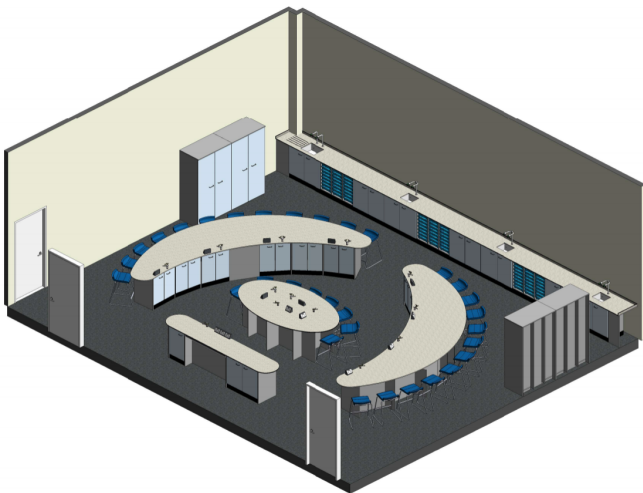
Fowey River Farm is not a new concept...students at FRA over the years have enjoyed various incarnations of veg growing and animal care. We have a small amount of funding to buy a polytunnel and get some growing projects off the ground and will be looking for volunteers and donations of equipment to help take this forward. The Farm will be nestled in the centre of the school, ensuring access to all and meaning it is in full view. The Compass team will be integral to the farm, using it for therapeutic interventions and over time we also hope it will start to supply The Kitchen (canteen) with veg and herbs, and possibly even some chicken eggs!!



TOOLS NEEDED!

PROJECT REFURB! £4.5 M

Many of you will have heard talk of a big refurbishment project at FRA. We've been mentioning this now for a couple of years and we are finally getting somewhere! Without going into too much history, the reason for this project is down to the transfer of the school from one trust to another. It's a bit like buying a house. When you buy a house you do a survey, to make sure there are no nasty surprises lurking. Given the age of the school, this was a must for the new trust and a conditions survey was carried out. Much of what was found was unsurprising and relates to the age and fabric of the buildings, so this includes re-wiring, improving insulation, enhancing fire compartmentalization, and general upgrades to utilities. It's surprising how much this can all cost for a school, but given the size and scope of the upgrades required, it is understandable.



“
Nothing in life is to be feared,
it is only to be understood.

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So, the surveyors that checked over the school, found that there was a lot of work needed to upgrade the services of the school. Approximately £7million of upgrades were originally identified. The DfE then awarded approx. £4.5 million. So you can see, not everything could be done! Since that survey there has been a lot of work and further investigations on site to decide the final designs, get them agreed by the DfE and then find contractors to take the project forward.

We are pleased to now be in the final stages of planning and hopeful that with a fair wind, contractors will be on site towards the end of the year to start the process. The project will take 2-3 years to complete and there will of course be disruption on site, but the contractors will be chosen for their experience in delivering these kinds of projects in schools and will be expert at minimising disruption. The good news however is that whilst much of the work will be hidden, because it relates to the infrastructure and wiring behind the scenes, we will still benefit from the following new facilities:

- 4 brand new science labs
- new toilets in the Tower Block
- refurbished classrooms in the Tower Block
- various other bits of redecorating

**WE'RE
BACK!**

**THE
SPORTS
HUB
FOWEY**

Great news – We are now opening the Engine Room, the Performance Zone and The Runway for public use and we can't wait to see you all!

Weekdays - 6am-11am & 5pm – 9pm

Weekends – 8am – 1pm

Something for everyone!

- **The Engine Room** is equipped with quality cardio machines to help you build up your heart health and general fitness.
- **The Performance Zone** boasts Olympic quality free weights and Era-Fit safety racks to help you get stronger and improve your technique. Also ideal for injury rehabilitation.
- **The Runway** is the place to go for all your functional fitness needs, cross-fit and HIIT training.

Our friendly, expert fitness coaches will be on hand to give advice and enhance your fitness experience.

All this is on your doorstep and membership from just **£20 per month!**

Easy to join!

1. Simply follow the link below and go to the membership tab to select the membership that best suits you. Call the Sports Hub on 01726 833931 for advice if needed.
2. Select "classes" then "Open Gym" to pick your gym slot (Available from April 12th)

[BOOK HERE NOW](#)



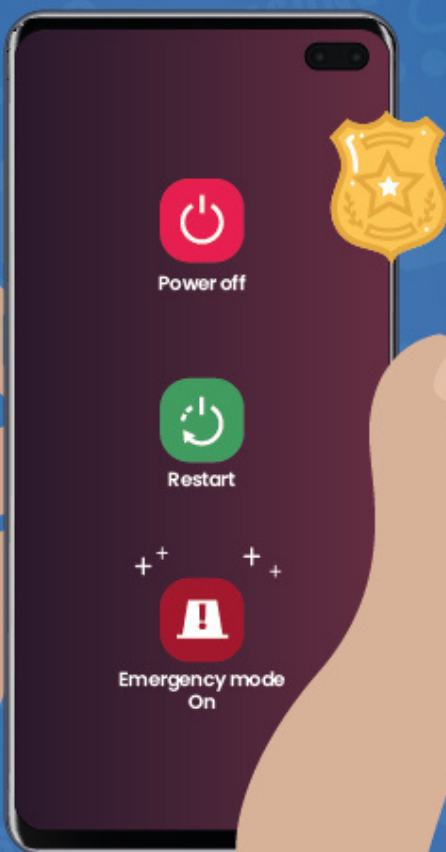
How to Set up EMERGENCY MODE on Your Samsung



Emergency mode conserves your Samsung phone's power to extend the battery life for as long as possible. Although other areas of your device may be disabled or run slower (to help save energy in emergency mode), you will still be able to contact an emergency service number, call your emergency contacts and share your location via text messages.

How to Turn on Emergency Mode

- 1 Press and hold the power button
- 2 Tap 'Emergency Mode'
- 3 If you are using emergency mode for the first time, you will need to agree to the terms and conditions
- 4 Tap 'Turn on'
- 5 Your Samsung will now display the emergency mode home screen



How to turn on SOS messages

- 1 Go to 'Settings'
- 2 Tap 'Advanced Features'
- 3 Tap 'Send SOS Messages'
- 4 Agree to the terms and conditions
- 5 Tap 'Add' to add a contact to your emergency contacts
- 6 Tap 'Done' to save your changes

Alerting Your Emergency Contacts

Your Samsung's SOS feature quickly notifies your specified contacts if you have an emergency. When this feature is enabled, you can press the lock button three times to automatically send an SOS message (including a link to your location) to your emergency contacts. You also have the option to send a photo and/or voice message to your emergency contacts, providing them with more information.



www.nationalonlinesafety.com

Source: <https://www.samsung.com/uk/support/mobile-devices/what-is-emergency-mode/>
<https://www.samsung.com/nz/support/mobile-devices/samsung-sos-smart-phone-emergency-message-guide/>



DATES FOR THE DIARY

- Tuesday 4th May and Monday 14th June will be INSET days at FRA and students will not be in school on those dates.
- 17th May - Sports Hub Classes start

**TERM DATES FOR THE FULL ACADEMIC YEAR
CAN BE FOUND BELOW**